

Moving into a Senior Living Community

How to make your new home yours



Making the move to a senior living community is a big change. It's important that you bring treasured belongings into your new living space to make it feel like home, including favorite pieces of furniture and cherished personal items. Knowing how much space you'll have will allow you to make smarter decisions about what belongings will fit.

Before moving day, ask your community trusted advisor to provide you with a floor plan of your apartment. With this in hand, you'll find it much easier to begin the packing process.

What to pack? In general, these are the items you should plan on bringing with you:

Home Furnishings

It's important to make the environment as "homelike" as possible while avoiding overpacking. We recommend focusing on bringing your favorite belongings. Your new living space may be smaller than your current home, so plan to bring your favorite belongings that are the most important to you.

- Sofa, chairs, end tables/nightstand
- Folding chairs or extra seating for guests
- Kitchenware – dishes, glasses, cutlery
- Bedding – comforter, quilt, throw pillows, sheets
- Lamps
- Keepsakes and knick-knacks
- Framed photos and artwork

Necessities

Some necessities can be provided by your community, so check first to see what might already be available.

- Appliances (if not provided) – mini-fridge, coffeemaker, microwave
- Alarm clock
- Clothes hangers
- Assistive devices – eyeglasses, hearing aids, canes/walkers
- Cleaning wipes for quick clean-ups
- TV and radio
- Favorite books and magazines





Clothing

Bring a variety of clothing styles for the climate in which you will be residing.

- Comfortable clothing – sweats, jeans, sweaters
- Pajamas and robe
- Socks, slippers, shoes
- Jackets and a warm coat
- Formal outfits for special occasions

Toiletries

Most communities provide residents with a variety of services and amenities, so get a list detailing what will be offered before going on a special shopping trip for toiletries.

- List of prescriptions and over-the-counter medications
- Toothbrush, toothpaste
- Soap, shampoo
- Lotion
- Razor
- Makeup

Setting up your new home

Create a familiar setting in your new home by placing items in the room where you are used to seeing them. For example, set up the nightstand with the same clock and framed photos that were in your home. Bring a favorite recliner or beloved quilt and display favorite knick-knacks around the room. Remember, our staff is also available to help you settle in, so don't hesitate to reach out if there is anything we can do to make your transition easier. Before you know it, our community will feel like home!

**Need help finding a community? Visit
sonidaseniorliving.com.**

